



Dance Company



Exim in Education
Information Pack

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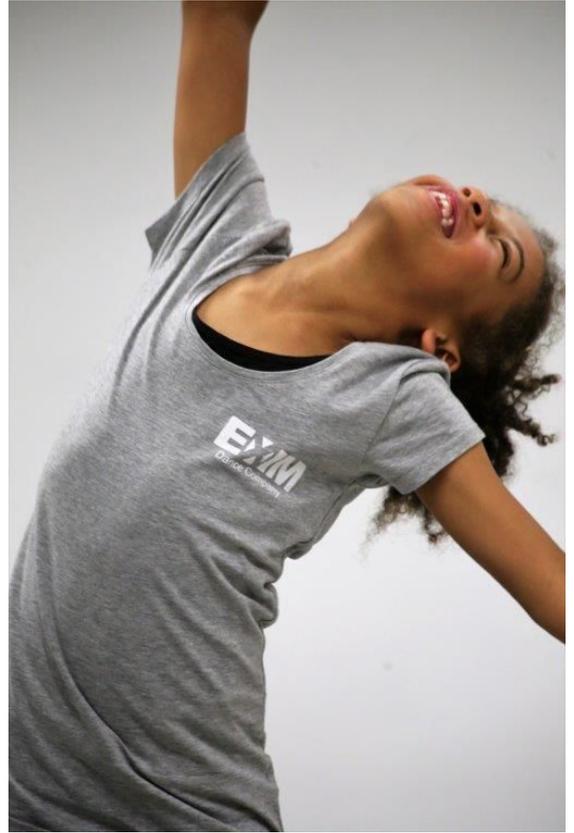
1. Who are we

"To improve people's lives through dance"

Exim exists to provide opportunities for 'At Risk' young people to participate in socially engaged dance classes. We are passionate about using dance to help vulnerable young people, breaking down the ideological barriers that surround dance, holding inclusivity at the heart of all of our work. We create safe spaces for young people to explore dance creatively and encourage team working and problem solving.

We have extensive experience of working in schools and colleges, offering workshops and regular class sessions to compliment dance and PSHE in education, as well as promoting inclusivity in everything that we do. We cater to students and teachers through workshops, resource packs and bespoke projects upon request. Exim Dance Company is also an Arts Award Supporter and we hope our offer can help young people towards all levels of Arts Award.

We have a team of dedicated teachers and practitioners in the Plymouth area who run our classes and workshops across the county, as well as our performing practitioners who teach nationally and internationally during company tours.



2. Primary Education

Exim's primary school workshops work alongside the key stage 1 and 2 dance specification, as well as teaching students fundamental movement skills and balance, agility and coordination, verbal and nonverbal communication of ideas and emotions, team working, problem solving, observing, and evaluating skills.



"Our school are very happy with the service that Exim provide. The dance teachers are reliable and the children really enjoy the sessions."

"I love it when you show your dance and everyone claps"

"I think the dance club is really good, you can make up lots of your own dances".

"I like the music and the teacher - she is really fun".

- Students and staff from Widewell Primary

We are able to run workshops within curriculum time, or as an after school club, along with our full and half day workshops. Classes and workshops can be tailored to the needs of your group, and can work towards a performance if needed.

Workshops start at £50 per hour.

For more information, please contact education@eximdance.org.uk

3. Secondary Education

With experience in delivering workshops across all stages of secondary education, Exim are able to offer a full creative learning package that can be tailored to suit your needs.

Workshops could cover:

- Inclusive practice
- Choreography
- Technique (including Contact Improvisation)
- Creative work using the company's' repertoire
- Working with lighting
- Working with musicians



"Really positive, friendly workshop leaders Laura and Heather really engaged with the learners offering support and guidance whilst challenging their creative and performing skills The learners enjoyed the opportunity to create a piece in a day and were proud to be asked to curtain raise. Thank You"

Anne Lazenby - Head of Performing Arts at Truro Penwith College

We are able to run workshops within curriculum time, or as an after school club, along with our full and half day workshops. Classes and workshops can be tailored to the needs of your group, and can work towards a performance if needed.

Workshops start at £50 per hour, full day workshops are available at discounted rate of £200. For more information, please contact education@eximdance.org.uk

4. Post-16 Education



With our broad range of experience and expertise Exim are dedicated to providing opportunities for dancers at all levels of their career through personal and professional development. A key focus through this tour is to build relationships with the Disabled Community, University's, Colleges and Theatres through both our performance and educational work. We are keen to deliver workshops before each performance to help develop these relationships and develop audiences both for the venue and our future tours.

Several of the company graduated in the last 5 years and many are associate lecturers at Universities. We believe we have a lot to offer Universities and Colleges and that our work will complement both creative modules, through workshops, and professional development modules, through career development talks and post show talks. All of the company members are experienced at delivering both practical workshops and seminars to University and College students.

- 3-5 day intensive choreographic residency with the option of the group performing as a curtain raiser for 2018 upcoming work.
- Master Classes in Technique or choreography/ creative work based on our repertoire. This can include working inclusively, with a live musician and working with lighting (with 2 company members).
- Career development talks- focusing on professional development, company formation and managing a portfolio career.

Exim will be commencing a tour in 2019. For more information on the possibility of your students performing with us through one of our curtain raiser packages, please contact tour@eximdance.org.uk

Workshops start at £50 per hour, full day workshops are available at discounted rate of £200.

For more information, please contact education@eximdance.org.uk

5. Extra Curricular Projects

Making Waves Project runs weekly classes in term time and currently has 2 strands. Strand 1 runs in Plymouth, between 5-6.30pm on a Monday at Plymouth University. Strand 2 takes place at Kevicc College between 3.30 - 5pm on a Monday.

The project is worked in partnership with Plymouth University, Marjons, Plymouth College of Art, Real Ideas Organisation and Devon Community Outreach Network.



Working with young people aged 14 - 21 years (25 with disabilities) over 1-3 years will have a huge impact on them and their futures. In our experience of working with and developing young people it is this amount of investment of time that is needed to make a real impact.

In addition to the weekly classes the following wrap around activity will be offered:

- The group will be invited to watch student dance performances
- The group will be invited to watch suitable professional dance across the South West
- The group will watch a performance at TRP and at The Barbican
- We will facilitate discussions before and after each performance to build confidence and expand knowledge of contemporary dance
- The group will perform in the University every year
- The group will be given a tour of the University and a detailed tour of the department
- Both Arts Awards and Dance Leadership qualifications can be offered to suitable students
- Students will be supported and encouraged to attend open days and can be supported making applications and writing personal statements

As well as this Exim are able to work with a group of young people over a 4 week period in 2-3 hour sessions, to create a performance for our Traverse Youth Platform. Traverse Youth Platform is an annual performance, showcasing a variety of talented youth groups from across the south west, it takes place at Plymouth University as part of the Making Waves Project. The platform offers more than a showcase of dance but an opportunity to interact or connect with other groups in the South West.

To find out more information about joining the Making Waves Project please email education@eximdance.org.uk or telephone 07864 168663



ADAPT Youth Company is a weekly dance class for young people aged 11-25 with and without disabilities. Our aim is to raise aspirations and confidence, offering participants an opportunity to develop skills in contemporary dance and choreography. The group often create and perform work that is co-choreographed with the practitioners. The weekly sessions are free for all participants, transport to and from the group is offered to those who need it.

ADAPT Youth Company meet weekly during term time at Plymouth School of Creative Arts on Friday between 4.30-6.30pm.

Spaceshot Youth Dance Company is a weekly dance class for young people aged between 10 and 16. The group provides the opportunity to work with professional dancers and meet new people. Ernesettle Youth Dance Company learn various styles of dance from hip hop to contemporary, create and choreograph work collectively to present at performances and have the opportunity to gain new skills such as leadership. The class runs from 6pm-8pm during term times on Wednesday at St Aidan's church in Ernesettle.



To find out more information about joining ADAPT Youth Company and Spaceshot Youth Dance Company please email education@eximdance.org.uk or telephone 07864 168663.



Contact

If you have any questions at all, or would like to speak to someone about any of Exim's education work, or having a performance at your educational establishment, Please contact:

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